

## **A week long activities to celebrate International Women's Day (1<sup>st</sup> to 8<sup>th</sup> March, 2020) EachforEqual**

To celebrate International Women's Day several activities were organized between 1 to 8 March, 2020.

<b>Activities</b>	<b>Date</b>	<b>Stakeholder</b>
Walkathon for Teachers, Employees & Students	4th March, 2020	Teachers, Employees & Students
Health Camp by University Health Centre, Pt. RSU, Raipur	4 <sup>th</sup> March, 2020 and onwards	Women Employees & students (girls)
Self Defense Techniques class for girls	5 <sup>th</sup> March, 2020	Students (Girls)
Lecture on Women's Health	6 <sup>th</sup> March 2020	Women (Faculty, Employees & Students )
Celebration of International Women's Day. (Feminist Short Film, )	8 <sup>th</sup> March, 2020	All

To celebrate International Women's Day several activities were organized between 1<sup>st</sup> to 8<sup>th</sup> march , 2020 which included essay writing competition, training of self-defense techniques for girls, lecture on women's health, Walkathon for teachers, employees and students and short feminist film festival . These activities were organized by Centre for Women's Studies, Pt. Ravishankar Shukla University, Raipur.

Training for self-defense was given by Prof. Rajeev Choudhary, School of Studies in Physical Education, Pt. Ravishankar Shukla University, Raipur. He trained the female students about the various skills of throwing techniques, hand techniques, leg techniques, holding techniques and gripping techniques which are helpful for self- defense. He also taught some useful moves of Judo. On 4<sup>th</sup> march a marathon “Walkathon” was organized. It started from Administrative block and ended in Physical Education department. Honourable Registrar Dr. Girish Kant Pandey, Prof. Rajeev Choudhary, Prof. Reeta Venugopal, Prof. Privamvada Srivastava headed the walkathon. Professors of all the departments, employees and students participated in this marathon with great enthusiasm. After finishing the marathon the participants played games on gender sensitization and through these games messages on gender issues were shared. On essay writing competition was organized. Students of university participated in the event



**Self Defense Techniques class for girls**

## **Celebration of International Women's Day. (Feminist Short Film)**

This was followed by a programme on 8<sup>th</sup> March , 2020 a programme International Womens day on was organized with joint collaboration of CWS, Pt. RSU, Oxfam india and Chhattisgarh Mahila Aayog. Theme of the programme was “Towards Equality”

Inorder to celebrate International Womens day on 8th March , 2020 a programme was organized with joint collaboration of CWS, Pt. RSU, Oxfam india and Chhattisgarh Mahila Aayog. Theme of the programme was “Towards Equality”. The programme was chaired by Prof. Kesari Lal Verma, Vice Chancellor, Pt. Ravishanmkar Shukla University. The pannelist were Mr. Abhay Dewangan, Secretary, Chhattisgarh Mahila Aayog, Mr. Anand Shukla, Regional Manager, Oxfam India, Prof. Reeta Venugopal, Director, CWS and Prof . Aditi Poddar, Associate director, CWS. The programme was conducted by Prof. Aditi Poddar. Prof. Reeta Venugopal gave the welcome address



