

Master of Arts in Psychology

Semester System

Course Curriculum 2024-25

Research Centre

SOS in Psychology

Pt. Ravishankar Shukla University, Raipur

M.A. Psychology

Program objective

MA. psychology is a two-year course divided into four semesters. This course has been designed in such a way that by studying it, the student will develop a comprehensive understanding of psychological components of behavior, regardless of the domain of its expression, and with all theoretical underpinnings, such as theories of personality, and psychological testing. Apply principles of core psychological disciplines such as cognitive processes, social psychology and research methodology and psychopathology to their chosen field of work. Work effectively in the applied domain of their choice, as per the specialization of psychology they are trained in. After doing this course, students can get employment in various fields like academics, research sectors counselling and various other fields of social sector.

Program Outcomes:

Upon successful completion of the Master of Arts/Science in Psychology program students will be able to;

PO-1	Knowledge- Demonstrate a deep Understanding of Advanced psychological Concepts, theories and Techniques applied in the field of psychology
PO-2	Critical thinking & Reasoning – Exhibit Advance critical thinking Skill by Analyzing and evaluating psychological knowledge in behavior analysis.
PO-3	Problem Solving -expertise in skillfully assessing behavior and diverse mental health conditions, utilizing advanced insights and assessment methodologies and derive Solution using logical reasoning.
PO-4	Advanced Analytical and Computational Skill- Advanced Skills in psychological Analysis and research in the field Computation Including Proficiency in using Scientific method of research and analysis
PO-5	Effective Communication- exhibit the knowledge of psychological processes of behavior through effective Communication that will include community engagement by the techniques like role playing group discussions, research findings to audiences, through writing reports, Presentations.
PO-6	Social/Interdisciplinary interaction -the social interdisciplinary integration is reflected in applied psychology aspects. The interdisciplinary research tie ups with other discipline like health, physical education, education, and various other fields. social integration is developed connecting society through awarenessprograms on various issues of life.

PO-7	Self-directed and life-long Learning- Recognize the importance of ongoing professional development and Lifelong Learning in the Field of psychology and will exhibit the ability to continue learning independently or in formal educational setting and will relate its implications in life and society.
PO-8	Effective Citizenship Leadership and Innovation- Lead and innovate in psychological aspects through Contributing to Advancement in the Field and Applying psychological insights indigenous psychological practices to Emerging Challenges.
PO-9	Ethics- Maintain the highest ethical Standards in research and Professional conduct within the Field of psychology.
PO-10	Further Education or Employment- scope for Ph.D. Program and getting Employment in Academic institutions, health department, education, industries, Civil Services and other related Sectors.
PO-11	Global Perspective- Recognize the global nature of psychological Research and its Impact, appreciating individual differences Perspectives in psychological practices

Program Specific Outcome (PSOs)

PSO-1	students become familiar with the psychological processes and structures, of individual differences in behavior, in social, and organization
PSO-2	Will be able to use the knowledge of psychology in understanding mental health personal social growth. will also use the learned counselling skills in helping people for better adjustment.
PSO-3	Develop insight for researches on the issues of diverse areas of psychology specifically to different sectors and stages of life
PSO-4	Develop confidence in employing of knowledge of psychology for personal growth and advancement of the field.
PSO-5	Study of psychology develops better understanding of self, enhance the skills for competitive exams SET, NET, PSC

MA in Psychology

Specification of Course	Semester	No.	of	Credits
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		Courses	
Core	I-IV	14	90
Elective	III-IV	02	10
Total		20	100
Additional Courses (Qualifying in nature, for Student admitted in School of Studies only)			
Generic Elective	II-III	02	06
Skill Enhancement (Value Added Courses)	I, III	02	04

M.A. Psychology

PROGRAMME RESTRUCTURE

Semester	Course Name	Course Code	Course Title	Course Type (T/P)	Hrs/Week	Credits	Marks		
							CIA	ESE	Total
Semester-I	Core	PSY-101	Basic psychological processes-I	T	5	5	30	70	100
	Core	PSY - 102	Social psychology-1	T	5	5	30	70	100
	Core	PSY-103	Basic research methods	T	5	5	30	70	100
	Core	Psy-104	Psychopathology	T	5	5	30	70	100
	Core	Psy-105	Practical	P	10	5	30	70	100
Semester-II	Core	PSY-201	Basic psychological processes-	T	5	5	30	70	100

			II						
	Core	PSY-202	Group processes and cultural psychology	T	5	5	30	70	100
	Core	PSY-203	Advanced Research Methodology	T	5	5	30	70	100
	Core	PSY-204	Physiological psychology and health behavior	T	5	5	30	70	100
	Core	PSY-205	Practical	P	10	5	30	70	100
Semester-III	Core	PSY - 301	Personality indigenous psychology	T	5	5	30	70	100
	Core	PSY-302	Psychological assessment	T	5	5	30	70	100
	Core-elective gr.A	PSY - 303	Organizational behavior	T	5	5	30	70	100
	Core Elective gr.A	PSY - 304	Human resource and management I	T	5	5	30	70	100
	Core-elective grB	PSY - 305	Educational and instructional psychology I	T	5	5	30	70	100
	Core-elective grB	PSY-306	Basic psychological guidance and counselling I	T	5	5	30	70	100
	Core-elective grC	PSY-307	Clinical diagnosis I	T	5	5	30	70	100
	Core-elective grC	PSY-308	psychotherapeutic counselling I	T	5	5	30	70	100
	Core	Psy-309	Practical: field study	P	10	5	30	70	100
Semester-IV	Core	Psy-401	Life Span and Development	T	5	5	30	70	100
	Core	Psy-402	Psychological assessment	T	5	5	30	70	100
	Core-elective gr.A	Psy-403	Organizational behavior II	T	5	5	30	70	100
	Core	Psy-404	Human resource and	T	5	5	30	70	100

	Core-elective gr.A		management II						
	Core Core-elective gr.B	Psy-405	Educational and instructional psychology II	T	5	5	30	70	100
	Core-elective gr.B	Psy-406	Basic psychological guidance and counselling II	T	5	5	30	70	100
	Core-elective gr.C	Psy-407	Clinical diagnosis II	T	5	5	30	70	100
	Core-elective grC	Psy-408	psychotherapeutic counselling II	T	5	5	30	70	100
	Core	Psy-409	Practical: case study reports I Case study report II	P	10	5	30	70	100

Note:

1. In place of Elective Course Student can choose paper(s) from MOOC Courses (Swayam Portal) subject to the following conditions:
 - a. The chosen paper will be other than the papers offered in the current course structure.
 - b. The paper will be PG level with a minimum of 12 weeks' duration.
 - c. The list of courses on SWAYAM keeps changing, the departmental committee will finalize the list of MOOC courses for each semester.
 - d. The paper(s) may be chosen from Swayam Portal on the recommendation of Head of the Department.
2. The candidates who have joined the PG Programme in School of Studies (University Teaching Department), shall undergo Generic Elective Courses (only qualifying in nature) offered by other departments/SoS in Semester II and Semester III.
3. The candidates who have joined the PG Programme in School of Studies (University Teaching Department), shall undergo Skill Enhancement Course/Value Added Course (only qualifying in nature) in Semester I and Semester II.

General Elective Course

(Offered to PG Students of Other Department/SoS in Psychology)

Semester	Course Code	Course Title	Course Type (T/P)	Hrs/Week	Credits	Marks		
						CI A	ES E	Total
II		Psychology in everyday life	T	4	2	30	70	100
III		Mental Health Prevention and promotion	T	4	2	30	70	100

Skill Enhancement/Value Added Course(Offered to PG Students of SoS in Psychology)

Semester	Course Code	Course Title	Course Type (T/P)	Hrs/Week	Credits	Marks		
						CI A	ES E	Total
III		Counselling Skills	T	4	2	30	70	100
IV		Indian Psychology	T	4	2	30	70	100

M.A. (Psychology) SEMESTER – I

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title	Course Type	
PSY-101	Basic Psychological Processes-I	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO):The objective of the course is to study the concepts, principles and theories of Basic psychological processes in depth. To apply the general concepts of psychology through the medium of experiments.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	know about Psychophysics and underlying theories	Ap
2	able to differentiate about the perceptual process	Ap
3	develop understanding about attention and underlying theories and psychological principles	U
4	Develop understanding about motivation cycle & underlying theories	An
5	develop in depth understanding of physiological & correlates and underlying theories of emotion	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	1	-	-	-	-	-	-	-	2	2	-	2	2	2
CO2	3	2	2	-	-	-	2	-	1	-	2	2	2	2	2	3
CO3	3	2	1	1	-	-	-	-	1	1	2	2	2	2	2	3
CO4	3	3	1	-	2	1	3	2	1	2	2	3	2	2	2	3
CO5	3	2	2	1	2	2	2	1	2	1	2	3	2	2	3	3

"3" – Strong; "2" – Moderate; "1" - Low; "-" No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Psychophysics Psychophysics: Nature, problems and Methods. Signal Detection Theory, Subliminal Perception and related factors.	
II	Perceptual Processes Approaches to study Perception: Gestalt, Physiological, Information Processing and Ecological Approaches. Perceptual Organization: Laws of Perceptual Organization. Perceptual Constancy: Depth Perception: Monocular and binocular cues.	
III	Attention Nature, concept and Mechanism of Attention. Selective Attention. Types, Theories and Applications.	
IV	Motivation Nature and properties; origin, development and present status. Basic Motivational Concepts: Instincts, Needs, Drives, Incentives, Motivational Cycle. Theoretical framework: Murray and Maslow Theory	
V	Emotion Emotion: Nature and concept. Physiological correlates of Emotions. Theories of Emotions: James-Lange, Canon-Bard, Schachter-Singer, Emotional Intelligence.	

Reference Books

Averill, J. R., Chon, K. K., & Hahn, D. W. (2001), Emotions and Creativity, East and West. *Asian Journal of Social Psychology*, 4(3), 165-185.

2. Barrett, L. F., Niedenthal, P. M. & Winkelman, P. (2007), Emotion and Consciousness. Guilford Press.

3. Best, J. B. (1989), Cognitive Psychology, II Edition. West Publishing Company,

New York.

4. Carr, A. (2011). Positive Psychology: The Science of Happiness and Human Strengths. Routledge: 2 editions.
5. Ciccarelli, S. K. & Meyer, G.e. (2008). Psychology: South Asian Edition 1st Edition. Pearson.
6. Snyder (2011). Positive Psychology: The Scientific and Practical Explorations of Human Strengths Edition-Second. Sage South Asia.
7. Feldman, R. (2009). Essentials of Understanding Psychology. Tata McGraw-Hill Education Pt. Ltd.
8. Galotti, K. M. (1999). Cognitive Psychology in and Outside Laboratory. Mumbai: Thompson, Asia.
9. Iyer, S. (2006). Introduction to Psychology. Premier Publishing Company, India.
10. Menon, S., Nagaraj, N. & Binoy, V. V. (Editor) (2017). Self, Culture and Consciousness: Interdisciplinary Convergences on Knowing and Being. Springer.
11. Menon, S., Sinha, A. & Sreekantan, B. V. (2014). Interdisciplinary Perspectives on Consciousness and the Self. Springer.
12. Misra, G. & Baron, R. A. (2014). Psychology: Indian Subcontinent Edition 5th Edition, Pearson.
13. Rao, R.K. (2005). Perception, Cognition, and Consciousness in Classical Hindu Psychology, & *Journal of Consciousness Studies*, 12, 3-30.
14. Rao, R. K. (2011), Cognitive Anomalies, Consciousness and Yoga. New Delhi, Matrix Publishers.
15. Sen, Anima; Attention and Distraction, New Delhi.
16. Snodgrass, J. G., Berger, G. L. & Haydon, M. (1985). Human Experimental Psychology. New York: Oxford University Press.

17. Solso, R.L., (2004). Cognitive Psychology. Sixth Edition. Pearson Education Pvt. Ltd., New Delhi.

18. Stevens, S. (1959). Handbook of Experimental Psychology. A Wiley Publication in Psychology.

19. Wessells, M. G. (1982). Cognitive Psychology. Harper and Row Publishers, New York.

20. Wood, G. (1983). Cognitive Psychology – A Skills Approach. Cole Publishing Company, California.

M.A. (Psychology) SEMESTER – I

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title		Course Type
PSY-102	Social psychology-1		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):

To provide basic understanding of social basis of behavior

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
1	familiarize students in various psychological concepts	Ap
2	understand importance of social psychology and the theoretical process	Ap

	important in social interaction	
3	develop and understanding of determinants in social interaction	U
4	learn about the various psychological concept important in social influence process	An
5	know about the attitude and underlying psychology in development and changes of attitude	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	-	3	3	3	3	2	1	3	2	2	2	2	3
CO2	3	3	2	-	2	3	2	2	1	1	2	2	2	3	3	3
CO3	3	2	1	-	2	2	2	2	1	2	2	2	2	2	2	3
CO4	3	3	2	2	3	2	2	2	2	2	2	3	2	3	3	3
CO5	3	2	2	1	3	2	2	2	1	2	2	3	3	3	2	3
"3"- Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction and Social Psychological Perspectives Nature and Scope of Social Psychology. Historical Background. Methods of Social Psychology. Theoretical Perspective: Cognitive Dissonance, Attribution, Field, Psychodynamic, Symbolic Interactions, Socio-Biology.	
II	Social Cognition and Person Perception Sources of Errors in Social Cognition. Social Perception, Person Perception. Determinants of Person Perception. Impression Formation and Management. Role of Stereotypes in Person Perception.	
III	Social Influence Process Meaning and nature of Social Influence. Social Facilitation, Conformity, Compliance and Obedience, Social Power, Reactance.	

IV	Attitude Nature and Characteristics. Development, Functions and Formation of Attitudes. Influence of Attitude on Behaviour. Theories of Attitude Change. Barriers in Changing Attitudes.	
V	Social Psychology and Social Situation Prosocial Behaviour, Aggression: Nature, Characteristics Determinants and Theories. Controlling and Management of Aggression. Violence, Categories of Violence, Self-directed (Suicide), Domestic Violence.	

Reference Books

1. Baron, R. A. & Byrne, D. (2000) Social Psychology 12th edition. Pearson, New Delhi.
2. Billing, M. (1976). Social Psychology and Intergroup Relations. New York, Academic Press.
3. Crisp, R. J. & Turner, R. N. (2014). Essential Social Psychology: 3rd Edition. SAGE Publications Ltd.
4. Dalal, A. K. (1989). Attribution: Theory and Research. New Delhi, Wiley Limited.
5. Dalal, A. K. & Misra, G. (Ed.) (2001). New Directions in Indian Psychology, Vol. 1 Social Psychology.
6. Eiser, J. R. (1986). Social Psychology. London: Cambridge University Press.
7. Feldman, R. S. (1985). Social Psychology. New York, Mc Graw Hill.
8. Lindsey, G. & Aronson, E. (Eds) (1985). The Handbook of Social Psychology. New York. Random House.

9. Mathur, S. S. (2004). Social Psychology. Vinod Pustak Mandir, Agra.
10. Mishra, G. (1990). Applied Social Psychology in India. New Delhi, Sage.
11. Mishra, G. (Ed.) (2009). Psychology in India, Vol. 2. Social and Organizational Processes. New Delhi, Pearson.
12. McGarty, C. & Haslam, S. A. (Eds.) (1997). The Message of Social Psychology. Oxford, U K, Blackwell.
13. Pandey, J. (1988). Psychology in India; the State – 7 the Art Vol – 2 ND. Sage.
14. Tajfel, H. (1981). Human Groups and Social Categories. London: Cambridge University Press.
15. Taylor, M. & Moghaddam, F. M. (1987). Theories of Intergroup Relations. New York: Praeger.

M.A. (Psychology) SEMESTER – I

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title		Course Type
PSY-103	BASIC RESEARCH METHODOLOGY		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):

By the end of this syllabus students will be able to understand the conceptual understanding of research & the basic process of researches.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
	develop understanding about methods & psychological research & experiment and variables	Ap
	know all the framework of research	Ap
	Develop understanding about the research design	U
	Understand the basic statistics and necessary component for logic	An
	develop familiarity about various methods of data collection.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create)
CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	3	2	2	3	1	3	3	3	2	2	3	2	3
CO2	3	2	2	3	2	1	1	1	3	3	3	2	2	3	3	3
CO3	3	3	2	3	2	2	2	1	2	2	2	1	1	3	2	2
CO4	3	3	3	3	1	1	2	1	2	2	3	1	1	3	2	3
CO5	3	2	3	2	2	2	2	1	3	2	3	2	1	3	2	2

"3"- Strong; "2"- Moderate; "1"- Low; "-" No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction to Psychological Research Meaning, Purpose and Dimensions of Research. Types of Psychological Research: Qualitative and Quantitative. Methods of Psychological Research: Experimental, Quasi-Experimental, Case Studies, Field Studies. Variables: Nature and Types. Techniques of experimental manipulation, control in experiment	
II	Research Process Research Process: Consideration of Research Problem and Hypothesis, Operationalization. Sampling: Probability and Non-probability Sampling. Sources of Bias. Ethical issues in Psychological Research.	
III	Research Designs Cross Sectional and Longitudinal, Experimental, Correlational. Single Factor, Quasi – Experimental.	
IV	Central Tendency: Measure of central tendency, Measures of Dispersion, Normal Probability Curve, its properties and utility. Null	

	Hypothesis, Type-I and Type-II Errors, Parametric and Nonparametric Statistic. Level of Significance. Inferential Statistics: t-test statistics and its uses in Psychological Research.	
V	Method of Data Collection Survey and Observation Method: Questionnaire, Interview. Tests and Scales	

M.A. (Psychology) SEMESTER – I

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title		Course Type
PSY-104	PSYCHOPATHOLOGY		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): After completion the course, students will be able to: Understand and identify major characteristics of common mental disorder. Understand the history of mental disorder classification system Gain knowledge of common mental disorder's psychological treatment approaches.

Course Outcomes (CO):

CON o.	Expected Course Outcomes	CL
	At the end of the course, the students will be able to :	
	Understand concepts and classification of system of disorder 2 denotification	Ap
	know about underlying models of psychopathology	Ap
	Develop familiarity about the symptoms, causes and treatments of disorder	U
	Develop insight about symptoms, causes and invention on major mental health problems	An
	Understand about substance use and developmental disorder	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

CO \ PO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	1	2	-	2	2	3	1	2	3	2	2	3	2	3	3

C02	3	3	2	-	2	2	2	1	1	2	2	2	3	3	2	3
C03	3	3	3	1	2	2	2	1	2	2	2	2	3	2	2	3
C04	3	2	2	-	2	2	2	1	3	3	2	2	3	2	2	3
C05	3	3	2	1	2	2	2	2	2	2	2	2	3	2	2	3
"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Concept of Psychopathology and Classification System Diagnosis: Purpose, Diagnostic System: Mental Status Examination (MSE). Clinical Interview and Diagnostic Tools. Classification Systems: ICD and DSM. Evaluation of Classification System	
II	Theoretical Models of Psychopathology Psychodynamic, Behavioral, Cognitive, Humanistic, Biological and Socio-Cultural.	
III	Disorders of Anxiety, Somatoform, and Behavioral Syndromes Panic, Phobic, OCD, Post-Traumatic, GAD, Somatoform Disorders, Impulse Control Disorder, Eating Disorder, Sleep Disorder. Dissociative Disorder: Types, Characteristics, Etiology and Management.	
IV	Psychotic Spectrum Disorders Schizophrenia, Mood Disorder. Personality Disorders: Clinical Characteristics, Etiology and Management.	
V	Substance Related Disorders and Developmental Disorders of Childhood Substance use Disorder: Alcoholism and Drug Addiction. Mental Retardation. Developmental Disorders of Childhood: Autism Spectrum Disorder (ASD), attention deficit disorder (ADD), Attention Deficit and Hyperactive Disorder (ADHD). Learning Disabilities	

M.A. (Psychology) SEMESTER – I

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title		Course Type
PSY-105	PRACTICUM		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): The course aims to deliver practical and in-depth experience in accordance to the principles learnt in the theory courses covering the areas of verbal learning, memory, forgetting etc

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
P0 1	The conduction of experiment in lab	Ap
P0 2	The procedure and designs	Ap
P0 3	The experimental validation concepts	U
P0 4	Will have hands-on experience by conducting psychological study in the field.	An
		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	1	2	2	2	2	2	2					
CO2	2	2	2	2	2	-	2	-	2	-	2					
CO3	2	2	2	1	2	-	-	2	-	1	2					
CO4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
CO5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	List of Practicum: (Any five Experiments and One Field Study) 1. Constancy-Size/Shape/Brightness 2. Biofeedback 3. Mental Fatigue 4. Learning 5. Verbal Learning 6. Selective Attention 7. Knowledge of Results 8. Problem Solving 9. RI/PI	
II	Field Work 1. Motivation 2. D.A.T./Personality 3. Mental Health 4. Frustration Tolerance 5. Stress / Anxiety 6. Depression	
III		

IV		
V		

M.A. (Psychology) SEMESTER – I1

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title	Course Type	
PSY-105	BASIC PSYCHOLOGICAL PROCESSES - 2	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO): learner will attain comprehension understanding of learning and the process

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
PO-1	. In depth understanding of learning and psychological principles.	Ap
PO-2	Attain knowledge about the experimental and neurophysiology of learning.	Ap
PO-3	. Develop skills about verbal learning.	U
PO-4	Comprehensive knowledge of theoretical background of learning	An
PO-5	Acquire knowledge about components of memory and forgetting.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	1	3	1	-	3	2	3	2	1	3	3	2	2	3
CO2	3	3	3	-	2	2	3	3	1	2	2	3	2	1	2	3
CO3	3	2	3	2	3	3	1	3	3	3	3	2	3	3	3	3
CO4	3	3	3	2	2	1	2	3	2	2	3	3	3	2	3	3
CO5	3	3	1	3	2	-	2	1	1	2	2	2	1	3	3	3
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Unit No.	Topics	No. of Lectures
I	Learning Process Classical Conditioning: Procedure, Phenomena and related Issues. Instrumental Learning: Phenomena, Paradigms and Theoretical Issues. Process, Escape Conditioning, Avoidance Conditioning, Generalization. Reinforcement: Basic Variables and Schedules.	
II	Experimental Analysis of Behavior. Behavior Modification, Shaping. Discrimination Learning. Neurophysiology of Learning.	
III	Verbal Learning Verbal Learning: Methods and Materials, Organizational Processes	
IV	Learning Theories Learning Theories: Hull, Tolman, Skinner. Cognitive approaches in Learning: Latent Learning, Observational Learning	
V	Memory and Forgetting Memory Processes: Encoding, Storage, Retrieval. Stages of Memory: Sensory Memory, Short-term Memory (STM) and Long-term Memory (LTM). Episodic and Semantic Memory Forgetting: Nature and causes of Forgetting. Theories of Forgetting: Interference, Decay, Retrieval. Improving Memory	

M.A. (Psychology) SEMESTER – I1

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title	Course Type	
PSY-202	GROUP PROCESSES AND CULTURAL PSYCHOLOGY	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P

5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): To provide basic understanding of social basis of behavior

Course Outcomes (CO):

CONo.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	learn the group processes and decision making with team members	Ap
2	Quality of leadership in various social situations	Ap
3	Came to know the various issues/problems prevailing in the society.	U
4	know the cultural aspects of behavior.	An
5	know the cultural aspects in various social situations.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	2	3	3	3	3	3	2	3	3	3	3	3	3
CO2	3	2	3	1	3	3	3	3	3	1	2	3	2	2	3	3
CO3	3	3	3	2	3	3	3	2	3	2	3	1	3	2	3	3
CO4	3	3	3	3	2	2	2	2	3	3	3	3	2	3	2	3
CO5	3	1	2	3	3	3	3	3	3	2	3	3	1	2	2	3

"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Inter Group Relations- Group Dynamics and Group Behavior, Group Effectiveness, and Group Cohesiveness: Meaning, formation, Decision Making, Problem Solving and Group Level Behaviors.	
II	Leadership- Meaning nature and Function of Leadership. Styles and Effectiveness of Leadership. Psychology of Followers	
III	Social Issues- Poverty, Caste, Gender, Population Issues in India. Unemployment. Communal Tension and Harmony	
IV	Culture and Behavior - I Culture and Cognition and Emotion. Culture and Personality	
V	Culture and Behavior - II Culture and Health. Culture and Personality. Health, Environment and Law. Applied aspects of Social Psychology	

M.A. (Psychology) SEMESTER – I1

Program	Subject	Year	Semester
M.A	Psychology	1	I
Course Code	Course Title		Course Type
PSY-203	ADVANCED RESEARCH METHODOLOGY		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):

Learner will become familiar with various experimental designs and related experimental designs and related data analysis and report writing.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
PO-1	1. Learn about the experimental design of their schematic presentation.	Ap
PO-2	2. Learn about statistical analysis with the respective designs and their assumptions.	Ap
PO-3	3. Learn about the correlation methods with an understanding when to use the techniques.	U
PO-4	4. Develop awareness about computer use of computers with proper use of MS word, MS Excel, software's, and various other apps used in psychological research.	An
		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3
CO2	3	3	3	3	3	2	3	2	3	3	3	3	2	3	3	3
CO3	3	3	3	3	3	2	2	3	3	3	3	2	2	3	3	3
CO4	3	3	3	3	3	2	2	2	3	3	3	2	2	3	3	3
CO5	3	3	3	3	2	3	3	3	3	3	3	2	2	3	3	3
"3"- Strong; "2"-Moderate; "1"- Low; "-No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Experimental Design Randomized groups, Matched Groups, Factorial Designs: Between and Within Groups, Repeated Measures (One Factor).	
II	Analysis of Variance ANOVA: One – Way and Two – Way, ANCOVA, a-priory and Post Hoc/Post ANOVA test Comparisons	
III	Measures of Relationships Bi-serial, Point Bi-serial, Tetrachoric and Phi, Multiple and Partial Correlations.	
IV	Regression and Factor Analysis Simple and Multiple, Factor Analysis: Assumptions, Methods Rotation and Interpretation.	
V	Report Writing Use of Computer in Psychological Researches, Research Report Writing (APA Style)	

M.A. (Psychology) SEMESTER – I1

Program	Subject	Year	Semester
M.A	Psychology	11	I1
Course Code	Course Title	Course Type	
PSY-204	PHYSIOLOGICAL PSYCHOLOGY AND HEALTH BEHAVIOUR	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO): Students will be able to understand about the brain and behaviour
Will be able to develop understanding of basic biological units of behaviour and research method of study.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
1	develop comprehensive knowledge of psycho biological basis of sensory system	Ap
2	acquire knowledge about the sleep, waking & Endocrine system & the influence on behaviour.	Ap
3	develop understanding of basic biological units of behaviour and research method of study.	U
4	Acquire knowledge about the perspectives of therapy and will be able to use the perspective in therapy.	An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	2	3	2	3	2	-	3	3	3	3	3	3	3
CO2	3	3	3	1	2	3	3	1	1	2	2	3	2	3	3	3
CO3	3	3	3	2	2	3	3	1	1	2	2	3	3	2	3	3
CO4	3	2	3	2	3	3	3	1	1	2	3	3	3	3	2	3
CO5	3	3	2	2	3	3	3	1	3	2	3	2	3	3	2	3

"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation

Unit No.	Topics	No. of Lectures
I	Methods and Basic Concepts -Methods of Physiological Psychology: Lesion and Brain Stimulation. Receptors, Effectors and Adjuster Mechanism. Structure of Neuron, different parts of neuron, Types and function of neuron. Neural Impulse: Origin, Conduction and Measurement.	
II	Sensory System Vision and Audition. Human Nervous System: Structure and Functions. Structure of Neuron; The different parts of a Neuron; Types of Neurons Functions of Neuron; generation of IPSP and EPSP, Conduction and generation of Action Potential, Ionic Exchanges and Refractory Periods.	
III	I Sleep, Waking and Endocrine System -Sleep and Waking: Stages of Sleep, Disorders of Sleep and Physiological Mechanisms of Sleep and Waking. Drinking and its Neural Mechanism; Hunger and its Neural Mechanism. Endocrine System; Structure and Function. Abnormalities of major Glands; Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal	
IV	Approaches to Therapy Psychoanalytic, Biological, Behavioral, Behavioral Medicine and Spiritual Therapy.	
V	Health and Health Promotion - Quality of Life and Health Social Support and Health, Mental Health Promotion and Prevention, Current Issues and Trends in Health Psychology.	

M.A. (Psychology) SEMESTER – I1

Program	Subject	Year	Semester
M.A	Psychology	11	I1
Course Code	Course Title		Course Type

PSY-205	PRACTICUM			Core
Credit	Hours Per Week(L-T-P)			
	L	T	P	
5	5	1	0	
Maximum Marks	CIA		ESE	
100	30		70	

Learning Objective (LO):- Learner will be able to administer tests and interpret the results for the subjects.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	They will learn to take care history administration of tests and interpret the results	Ap
2	They will learn prepare the field study report	Ap

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	1	2	2	2	2	2	2					
CO2	2	2	2	2	2	-	2	-	2	-	2					
CO3																
CO4																
CO5																

"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I		
II		
III		
IV		
V		

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-301	PERSONALITY AND INDIGENOUS PSYCHOLOGY – I		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): This course focuses on Integrated concepts of different theories of personality. This paper covers the different theories including Psychodynamic, Behavioural, Humanistic, Trait and Type, Existential social Learning etc. It also covers the different measures involved in Personality assessment.

Course Outcomes (CO):

CONo.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	able to know about personality, the meaning, approaches & research studies able to critically evaluate a theory of personality using the outlined criteria	Ap
2	Explain personality in context of psychodynamic approach.	Ap
3	Explain personality in context of trait approach.	U
4	develop comprehensive understanding of theories underlying humanistic, cognitive and social learning approach	An
5	Know about indigenous approach to personality and current trends in the field	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
C01	3	2	2	2	2	2	3	2	-	2	2	3	2	3	2	3
C02	3	3	2	-	2	2	3	2	2	2	2	2	3	2	3	3
C03	3	3	2	2	2	3	3	2	2	2	2	2	2	3	2	2
C04	3	3	3	3	2	2	2	2	2	2	2	2	3	3	2	2
C05	3	2	3	2	3	2	2	3	1	3	2	2	3	2	2	2

"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction- Personality Meaning, Perspectives and Measurement of Personality. Concept of Mature Personality, Personality Theory-Problems.	
II	Approaches to Personality - I Psychodynamic Perspectives of Personality: Theories of Personality: Freud, Erikson, Adler. Structure, Dynamics and Development of Personality. Methods to study Personality.	
III	Approaches to Personality _ II Theories of Personality: Cattell and Eysenck-Structure, Dynamics and Development of Personality.	

	Research Methods.	
IV	Approaches to Personality - III Cognitive, Behavioral and Humanistic. Kelly, Bandura and Roger's Structure, Dynamics and Development of Personality. Research Methods.	
V	Approaches to Personality-IV Indigenous Concept and Models of Personality – Yogic, Samkhya. Current Researches in The Field of Personality	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-302	PSYCHOLOGICAL ASSESSMENT– I		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):To develop an understanding of the principles of assessment. To develop beginning competency in the application of assessment principles to selecting and using assessment instruments.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	develop conceptual understanding of psychological assessment	Ap
2	Acquire knowledge about scale tests questionnaire	Ap
3	Acquire theoretical understanding of psychological tests in different applied fields.	U

4	Develop understanding of the standardization process of psychometric tests.	An
5	Learn Test taking Response Styles: Social Desirability,. Use of Psychological Tests in applied field of Life	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	1	2	2	2	2	2	2	2	2	2	2	2
CO2	3	2	2	2	2	1	2	2	2	2	2	2	2	3	2	2
CO3	3	3	3	3	2	1	2	1	2	2	2	3	2	3	2	2
CO4	3	3	3	3	2	2	1	1	2	2	2	3	2	3	2	2
CO5	3	2	2	2	2	2	1	2	2	2	2	2	2	3	2	2
"3"- Strong; "2"-Moderate; "1"- Low; "- "No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
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I	Nature of Psychological Assessment- Nature of Psychological Assessment, Difference between Physical and Psychological Assessment. Problems in Psychological Assessment. Levels of Assessment	
II	Scaling- Scaling: Unidimensional and Multidimensional. Scale Construction Techniques. Difference between Psychometric Objective and Projective Tests, Questionnaire and Schedule. Characteristics of a good Psychometric Test. Difference between Psychometric and Projective Tests.	
III	Construction of Psychometric- Tools Construction of Psychometric Tools: Steps in Test Construction, Item writing, Pre-try out, Item difficulty, discrimination Power. Types of Psychological test	
IV	Standardization Process of Psychometric Test Standardization Process of Psychometric Test. Reliability: Concept and Type. Methods of determining Reliability. Validity: Concept and Type. Methods of determining Validity. Factors affecting Reliability and Validity. Norms: Types, Uses and Method.	
V	Adaptation of Tests. Test taking Response Styles: Social Desirability, Acquiescence facing. Use of Psychological Tests in applied field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-303	ORGANIZATIONAL BEHAVIOUR– I		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): Students will be able to understand the organizational behavior and importance, psychological components.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Will develop an understanding about organizational behaviour and its discipline.	Ap
2	Will develop comprehensive knowledge about motivation & related theories in the workplace	Ap
3	Able to explain leadership and related theories.	U
4	Can discuss conflict and power at the workplace.	An
5	Will develop an understand about decision making process & techniques	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

CO \ PO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	3	2	2	2	1	3	2	3	2	2	3	2
CO2	3	2	3	2	2	2	2	2	1	3	2	3	2	2	3	2
CO3	3	2	3	1	2	2	2	3	1	2	2	3	2	3	3	2
CO4	3	3	3	3	-	2	2	2	1	2	2	2	2	2	2	2
CO5	3	3	3	1	2	1	2	2	-	2	2	2	2	2	2	2

"3"- Strong; "2"- Moderate; "1"- Low; "-"No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction- Emergence of OB as a Discipline and Contributing Disciplines to OB. Contributions of Hawthorne Studies to OB; OB trends - Globalization: Outsourcing: Call Centre's: Knowledge Process Outsourcing. The FIVE Anchors of OB and Knowledge Management	
II	Motivational Process Motivational Process: Meaning of Motivation; Primary Motives; General Motives, Secondary Motives and Motivational Process. Content Theories of Work Motivation – Maslow's Hierarchy of Needs; Herzberg's Factor Theory; ERG Theory. Theory X and Theory Y.	
III	Leadership- Leadership: Difference between leader and Manager. Important studies on Leadership. Factors influencing Leadership Role. Essentials of Leadership, Leadership Styles. Supervision and Patterns of Supervision. Modern Theoretical Process of Leadership: Charismatic Leadership Theories; Transformational Leadership Theory; A Socio-Cognitive Approach; Leadership across Cultures; Corporate Leaders	
IV	Conflict and Power at Work Place - Conflict: The Conflict Process; Sources of Conflict in Organization Organizational Conflict, Conflict Management. Interpersonal Conflict Management Styles; Resolving Conflicts. Power: Meaning of Power; Sources of Power; Contingencies of Power; Influencing Others; Influencing Tactics and Organizational Politics. Organizational Power and Politics. Union Management Interface	
V	Decision Making Nature and Concepts. Decision Making Process, Types of Decisions. Factors influencing Decision Making. Management Decision Techniques.	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-304	HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – I		Core

Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):The course will enable students to know about human resources management and the essential component of management at workspace.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Acquire knowledge about the theoretical aspects of human resource management about the Indian context of HRM	Ap
2	Develop understanding of human resource planning and learn about the specification of jobs.	Ap
3	Can understand the importance of training and development	U
4	. Learn about the performance appraisal at workplace	An

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	2	3	2	3	1	2	2	3	2	2	3	2
CO2	3	2	2	1	2	2	2	3	2	2	2	3	3	2	2	2
CO3	3	2	3	1	2	3	2	2	-	3	2	3	3	2	2	2

CO4	3	2	3	1	2	3	2	2	1	3	2	3	3	2	3	2
CO5	3	2	3	1	2	2	2	2	2	2	2	2	2	2	3	2
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Human Resource Management Nature, Function, Personnel Management vs. HRM, HRD vs. HRM. Assumptions about HRM, Structure and Role of HRM. The Indian context of HRM. Models of HRM. Current and Future Challenges to HRM. Strategic Role, International Human Resource Management.	
II	Human Resource Planning Human Resource Planning: Importance, process, Forecasting Demand, Estimating Supply, Effective HRP. Human Resource Accounting. Steps, Stages and Structure in Manpower Planning. HRD in India.	
III	Job Analysis and Job Design Job Analysis: Uses, Process, Methods, Job Description and Job Specifications. Job Analysis and Job Design. Recruitment and Selection.	
IV	Training and Development Training: Nature and Importance. How to make Training Effective. Importance of Training in Organizational Set Up-Training as a Profession Training Needs Analysis- Types of Training- Training Design-Steps Involved. Organizational Development: Nature and Objectives of OD. Phases of an OD Program me; OD Interventions; OD in Indian Industry; Criticism of OD.	
V	Performance Appraisal Performance Appraisal, Factors Distorting Appraisal and how to improve Appraisals. Types of Appraisals. Comparing with Performance Management, Methods, Challenges, Legal Implications	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title	Course Type	
PSY-305	Educational and instructional psychology I	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0

Maximum Marks	CIA	ESE
100	30	70

Learning Objective (LO):

to provide a body of facts and methods which can be used in solving teaching problems.. To develop a scientific and problem-solving attitude.

CO No.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
1	Gain a basic understanding of Educational Psychology in terms of its definition, terminology, significance, and implications in education.	Ap
2	Examine key conceptual frameworks of information processing	Ap
3	Learn and Analyze learning styles	U
4	Able to recognize Individual and Group Differences in education and the theoretical background	An
5	Develop insight about importance of Learning and Motivation, Study Habit, Levels of Learning.	U

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	2	1	2	2	2	2	1	2	2	2	3	2	2	2
CO2	3	3	3	2	2	2	3	1	1	2	2	2	3	2	3	2
CO3	3	2	2	-	2	2	2	2	1	1	2	2	3	3	3	1
CO4	3	3	3	2	2	2	2	2	3	2	2	3	2	2	3	3
CO5	3	2	3	2	3	3	2	2	2	2	3	3	2	3	2	2

"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Conceptual and Theoretical Perspectives Conceptual and Theoretical Perspectives in Educational Psychology. Theories: Behavioristic, Social Learning and Cognitive Applications in Teaching	

II	Information Processing Models Instructional Models, Programmed Learning, Concept, Characteristics and Models.	
III	Human Diversity and Education Learning Styles: Nautre, Approaches to Learning Style, Measurement of Learning Styles. Attempt to Modify Learning Styles.	
IV	Individual and Group Differences Individual and Group Differences in Intelligence. Theories of Intelligence, Gender Differences issues in the Classroom	
V	Learning and Motivation Learning and Motivation, Study Habit, importance, Levels of Learning.	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-306	BASIC OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):

To enable the students to understand the concept of guidance and counselling. To acquaint students about different agencies for guidance. To understand the role of parents, teachers, school administrator and family to solve behavioral problems of students To know about different strategies to maintain mental health of students.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
1	Know about meaning & principles of guidance	Ap
2	Able to appraise client by non-standardized techniques	Ap

3	Use standardized technique in appraising the client	U
4	Able to organize guidance programs	An
5	Develop insight for guidance programs in different areas	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	3	1	2	2	2	2	2	2	2	2	2	3	2	2
CO2	3	2	3	2	3	3	3	2	2	2	2	2	3	2	3	2
CO3	3	3	2	2	2	3	3	2	3	2	2	3	3	2	3	2
CO4	3	2	3	2	3	3	3	2	3	3	3	2	3	3	3	2
CO5	3	2	3	2	3	3	3	2	2	3	2	2	3	3	3	2
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction Nature, Need and Functions Counseling. Counseling and Psychotherapy. Intervention, Goal and Objectives of Counseling. Characteristics of a Good Counselor. Counsellor's Training.	
II	Counseling Process and Counseling Skills Stages in Counseling, Critical Issues in Counseling Process. Basic and Advanced Counseling Skills; Active Listening, Empathy, Probing, working through cognition, Affect and Emotion	
III	Approaches of Counseling: Directive, non – directive, Eclectic. Individual and Group Counseling. Group Counseling skills. Evaluation of Counseling. Follow – up and Placement	
IV	Counseling in Special Settings – I Educational Settings: Elementary, School, Secondary School, Institutions of Higher Education. Vocational Schools, Career Counseling, Employment Counseling	
V	Counseling in Special Settings -II Community and Mental Health. Pre – Marital and Marital Counseling. Family Counseling. Gerontology Counseling. Special Populations: suicide, HIV – AIDS, Sexual Abuse	

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-307	CLINICAL DIAGNOSIS I		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): Develop deeper knowledge of psychosocial dynamics in addressing mental distress and diagnostic process.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to :	CL
1	Deeper knowledge about the clinical psychology as a discipline.	Ap
2	Able to view, mental disorders with different perspectives.	Ap
3	Develop understanding about psychodiagnosis and prognosis.	U
4		An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	2	2	2	2	2	2	2	2	3	2	2	2
CO2	3	2	2	2	2	2	2	3	2	3	2	2	3	2	2	2
CO3	3	2	3	3	3	3	3	3	2	3	2	2	3	2	3	2

CO4	3	2	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO5	3	2	2	3	3	3	3	3	3	3	2	3	3	3	3	2
"3" – Strong; "2" – Moderate; "1" - Low; "-" No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	History and Current trends. Nature, Problems and Methods of Clinical Psychology. Professionals. Growth of the Branch. Growth in India.	
II	Psychodynamic, Behavioristic, Humanistic, Cognitive and Socio-Cultural	
III	Meaning of Psycho-Diagnosis. Types and Importance. Concept of Prognosis. Symptomatic vs. Dynamic. Symptomatic Diagnosis. ICD-10, DSM-IV (R)	
IV	Dynamic Diagnosis: Observation, Case History, and Interview.	
V	Impressionistic Approach of Diagnosis: Informal Assessment, Sources of Errors in Impression Formation. Importance of Psychometric Approach.	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-308	PSYCHOTHERAPEUTIC COUNSELLING – I		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Student will be able to know about therapeutic techniques for the maladaptive behaviors	Ap
2	Able to know about the counselling techniques different approaches	Ap
3	Develop insight about excessive maladaptive behaviors, and altering techniques	U
4	Know about techniques of altering inappropriate behavior	An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	2	2	2	2	2	2	1	3	2	3	2	2	3	2
CO2	3	2	2	2	3	2	2	2	1	3	2	3	2	2	3	2
CO3	3	3	3	2	3	3	3	3	2	3	3	3	3	2	3	3
CO4	3	3	3	2	3	3	3	3	2	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	2	3	2	3	3	3	3	2	3	2
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Psychotherapeutic Counselling Techniques Techniques of Psychotherapeutic Counselling: Psychoanalytic, Behavioral. Client Centered. Community Interventions and Group Therapeutic Techniques.	
II	.Methods for Altering Maladaptive Behavioral - Excesses Shyness, Delinquency, Depression, Speech and Sexual Dysfunctions.	
III	Methods for Altering Maladaptive Behavioral - Excesses Excessive Smoking, Alcoholism, Drug Addiction and Temper-Outburst, Physical	

	Aggression. Internet addiction in special reference to adolescents-Its nature, causes and treatment	
IV	Methods of Altering Inappropriate Behavior Marital Maladjustment, Child Misbehavior, Homosexuality, Exhibitionism. Stress and Coping.	
V	Methods for Altering Fears and Anxiety Methods for altering Fears and Anxiety. Treating Psychophysiological Disorders: Test-Anxiety, Generalized Anxiety, Stress, School Phobia, Snake Phobia, Combination of Fears, CHD, Asthmas and Peptic Ulcer	

M.A. (Psychology) SEMESTER – III

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title	Course Type	
PSY-309	PRACTICAL	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO): develop ability to design experiment and validate the hypothesis.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Student will be able to design experiment, conduct in the laboratory and will be able to report the information experiment and its results	Ap
2	Students will be able to select one field study topic intensive review of literature & do the field study and report	Ap
3		U
4		An

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	2	2	2	1	2	2	2	2	-					
CO2	3	3	2	2	2	1	2	2	2	2	-					
CO3																
CO4																
CO5																

"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Any five of the following to be completed in the Laboratory training. 1. Knowledge of Results. 2. Effect of Social Support on Conformity. 3. Attribution of Achievement Outcomes. 4. Zeigarnik Effect. 5. Level of Aspiration as a function of Success or Failure. 6. Reminiscence in Motor Learning. 7. Short Term Memory (STM) 8. Effect of Group on Individual Judgment. 9. Mental Health	
II	One Field Study.	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title	Course Type	
PSY-401	Life Span Development	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	

100	30	70
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Learning Objective (LO): Course objectives is to develop understanding about the fundamental concerns of developmental psychology.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Will acquire basic ideas of human development.	Ap
2	Will be able to understand about the theories of development	Ap
3	Will acquire knowledge about the research methods in developmental psychology	U
4	Know about biological foundation and psychological development	An
5	Develop an understanding about development in early middle& late adulthood	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	3	3	3	3	2	2	3	3	3	3	2	2
CO2	3	2	2	3	3	3	3	3	3	2	3	3	3	3	2	2
CO3	3	2	2	2	3	3	3	3	2	2	3	3	3	3	2	2
CO4	3	2	2	2	3	3	3	3	2	2	3	3	3	3	2	2
CO5	3	2	2	2	3	3	3	2	2	3	3	3	3	3	2	2
"3"- Strong; "2"-Moderate; "1"- Low; "-No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction to Development Introduction: Nature, Stages and Principles of Developmental Psychology, Maturation vs Experience; Nature-Nurture debate	
II	Theories of Development Theories of Human Development: Psychodynamic, Psychosocial, Behaviorism, Social Learning, Cognitive, Socio-Cultural Theory of Development	

III	Research Methods and Ethical Issues Research Methodology in Development Psychology and Measurement Techniques, Research Design, Ethical Issues in Research on Child Development	
IV	Foundations of Development Biological foundation of Development, Development of Language and Communication. Emotional, Social, Personality and Moral Development	
V	Development in Later Age Adulthood, Middle and Old Age: Characteristics, Psychological Changes and Adjustment.	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	III
Course Code	Course Title		Course Type
PSY-402	Psychological Assessment – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):acquireknowledge about specific psychological test of intelligence, personality,and various projective tests

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Able to know about major tests of intelligence	Ap

2	Able to know about major tests of intelligence.	Ap
3	Develop understand of aptitude tests and use aptitude tests	U
4	Develop insight about projective and psychometric approach to assess personality	An
5	Understanding about the different test used in applied area	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	3	2	3	2	2	2	2	3	2	3	3	2	3	2
CO2	3	3	3	2	3	2	3	2	2	3	2	3	3	2	3	2
CO3	3	3	3	2	3	2	3	3	2	3	3	3	3	2	3	2
CO4	3	3	3	2	3	2	3	3	3	3	3	3	3	2	3	2
CO5	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	2

"3" – Strong; "2" – Moderate; "1" - Low; "-" No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Measurement of intelligence Concept and Measurement of Intelligence, Major Tests of intelligence developed under Western and Indian Cultural set up	
II	Measurement of Aptitude Test Concept and Measurement of Aptitude Test. Major Test of Aptitude Developed under Western and Indian Cultural set up. Achievement Test: Concept and Measuremen	
III	Test of Personality Test of Personality: Projective and Psychometric Approaches, Major Test of Personality: Developed under Western and Indian Cultural set up.	
IV	Test of Adjustment, Values, Interest, stress and Anxiety development under Indian condition.	
V	Psychological Testing in Applied Field. Psychological Testing in Applied Field: Neuro-Psychological Testing: Objectives and Major Neuropsychological Test. Emotional Intelligence Test: Concept and Major Test of Emotional Intelligence developed under Western and Indian Cultural set0up	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title		Course Type
PSY-403	Organizational Behavior – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):To develop an understanding of human behavior in organization which include group behavior, communication organization and development and marketing

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Recognize about group dynamics and team management in organization	Ap
2	Understand the communication pattern and TA in organization	Ap
3	Recognize and interpret about the organizational change	U
4	Recognize and discuss about the organizational development	An
5	Develop understanding about marketing research and promotion strategies	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	2	2	2	2	1	3	2	3	2	2	3	2
CO2	3	2	3	2	3	2	2	2	1	3	2	3	2	2	3	2
CO3	3	2	3	2	2	2	2	3	1	2	2	3	2	3	3	2
CO4	3	3	3	3	1	2	2	2	1	2	2	2	2	2	2	2
CO5	3	3	3	1	2	1	2	2	1	2	2	2	2	2	2	2
"3" – Strong; "2" – Moderate; "1" – Low; "-" – No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Groups Types of Groups, Processes, Group Culture and Social Influence, Team building. Techniques of building Group Consensus. Understanding and Managing Team Dynamics.	
II	Communication Nature, Types, Application of different types of communication, Role of T A in Communication.	
III	Organizational Change Types of Change, Sources of Change Process, Human Element in Change.	
IV	Organizational Development Concepts, objectives and Goals, Process Behavioral Science approach to Organizational Development.	
V	Marketing Marketing Research, Nature and Functions, Consumer Behaviour, Sales Promotion Strategies	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title	Course Type	

PSY-404	Human Resource Development and Management – II			Core
Credit	Hours Per Week(L-T-P)			
	L	T	P	
5	5	1	0	
Maximum Marks	CIA		ESE	
100	30		70	

Learning Objective (LO): Course aims to equip students to develop themselves as human resource practitioner.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Develop understanding about various aspects of job requirement	Ap
2	In depth understanding of human resources policies work environment & development	Ap
3	Able to deal with safety & health and stress and labor relation	U
4	Develop understanding about employe’s involvement communication & collective bargaining	An
5	Develop skills in employee counselling & human resource management	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	2	3	2	3	1	2	2	3	2	2	3	2
CO2	3	2	2	2	2	2	2	3	2	2	2	2	3	3	2	2
CO3	3	2	3	1	2	3	2	2	1	3	2	3	3	2	2	2
CO4	3	2	3	2	2	3	2	2	1	3	2	3	3	2	3	2
CO5	3	2	3	1	2	2	2	2	1	3	2	2	2	2	3	2

"3"- Strong; "2"- Moderate; "1"- Low; "-"No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Job Evaluation Job Evaluation, Wage and Salary Administration. Employment Incentives	
II	Human Resource Policies and Practices Human Resource Policies and Practices, changing trends in Work Environment, Developing the Human Resource	
III	Maintaining Human Resource Maintaining Human Resource Safety and Health Stress Management, Labor Relations.	
IV	Collective Bargaining, Employee Involvement, Employee Communication	
V	Employee Counselling. Challenges of human Resource Management.	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title		Course Type
PSY-405	Educational and Instructional Psychology – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO):The course provide an opportunity to engage with information , knowledge skills instruction in educational psychology for normal and special population

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Develop skills for about effective teaching planning and classroom management	Ap
2	Analyze and evaluate teaching methods	Ap
3	To understand basis assessment and evaluation concepts in educational setting	U
4	Understanding about exceptionality and social educational	An
5	Address earning barriers	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	2	2	3	3	2	2	3	2	3	3	2	2	2
CO2	3	3	3	2	3	3	3	3	2	3	3	3	3	3	2	2
CO3	3	3	3	2	3	3	3	3	2	3	3	3	3	3	2	2
CO4	3	3	3	2	3	3	3	3	2	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	3	2	3	3	2	3	3	2	3	2
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Teaching and Classroom Management Effective Teaching and Classroom Management. Planning and Setting Objectives for Teaching. Characteristics of Effective Teachers.	
II	. Teaching Methods and Instruction Teaching Methods, Instruction Lecturing and Explaining, Questioning, Student Centered Teaching and Teaching in Small Groups. Discussion Method and Cooperative learning, Computer-Assisted Instruction.	
III	Exceptionality and Social Education Exceptionality and Social Education: Categories of Exceptionality, Labeling and Educational Relevance, Physically Disabled Students. Students with Cognitive Disabilities. Brain Dysfunction and Communication Disorders	
IV	Emotional and Behavior Disorder Students with Emotional and Behavior Disorder. Attention Deficit Disorder (ADD), Attentional Deficit Hyperactive Disorder (ADHD), Gifted and Talented Students.	

V	Measurement and Evaluation Measurement and Evaluation: Educational Assessment, Measurement and Evaluation (Norm Referenced and Criterion Referenced Tests). Test Scores-Meaning and Types,. Classroom Assessment and grading.	
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M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title		Course Type
PSY-406	Basics of Psychological Guidance and Counselling – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): This course will give students an insight into topics that provide a foundation for counselling psychology

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Able to recognize about the nature need and function of counselling	Ap
2	Develop /Understanding about the skills of counselling	Ap
3	Recognize the different and process in counselling	U
4	Develop skills for counselling in education.	An

5	Develop skills for counselling in different stages of life and counselling required for enhance mental health	U
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CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	3	2	2	2	2	2	2	2	2	2	2	3	2	1
CO2	3	2	3	2	3	3	3	2	2	2	2	2	3	2	3	2
CO3	3	3	2	2	2	3	3	2	3	2	2	2	3	2	2	3
CO4	3	2	3	2	3	3	3	2	3	3	3	2	3	3	2	2
CO5	3	2	3	2	3	3	3	2	3	3	2	2	3	3	3	2

"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation3

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Introduction Nature, Need and Functions Counseling. Counseling and Psychotherapy. Intervention, Goal and Objectives of Counseling. Characteristics of a Good Counselor. Counsellor's Training	
II	Counseling Process and Counseling Skills Stages in Counseling, Critical Issues in Counseling Process. Basic and Advanced Counseling Skills; Active Listening, Empathy, Probing, working through cognition, Affect and Emotion.	
III	Approaches Approaches of Counseling: Directive, non – directive, Eclectic. Individual and Group Counseling. Group Counseling skills. Evaluation of Counseling. Follow – up and Placement	
IV	Counseling in Special Settings – I Educational Settings: Elementary, School, Secondary School, Institutions of Higher Education. Vocational Schools, Career Counseling, Employment Counseling	
V	Counseling in Special Settings -II Community and Mental Health. Pre – Marital and Marital Counseling. Family Counseling. Gerontology Counseling. Special Populations: suicide, HIV – AIDS, Sexual Abuse	

M.A. (Psychology) SEMESTER – IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title		Course Type
PSY-407	Clinical Diagnosis and Community Mental Health – II		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): Clinical Diagnosis and community mental health

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The course aims to achieve the understanding of clinical assessment with detail account of psychological diagnostic tools.	Ap
2	Develop understanding about the principles of clinical assessment and psychometric tests.	Ap
3	Learn about the projective test and their clinical use	U
4	Know about the application of neuro psychological examination and tools.	An
5	Understand about the community psychology and its various component of hea	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

CO \ PO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	2	2	2	2	2	2	2	2	3	2	2	2
CO2	3	2	2	2	2	2	2	3	2	3	2	2	3	2	2	2

C03	3	3	3	3	3	3	3	3	3	3	2	3	2	2	2	3
C04	3	2	3	3	3	3	3	3	3	3	2	3	3	3	3	2
C05	3	2	2	3	3	3	3	3	3	3	2	3	3	3	2	3
"3"–Strong; "2"–Moderate; "1"- Low; "-No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Clinical Assessment Clinical Assessment: basic principles, Psychometric Test: MMPI, WAIS and WISC	
II	Projective Tests Projective Tests: Characteristics and Clinical Use, Rorschach and TAT.	
III	Neuro Psychological Examination Neuro Psychological Examination: Approaches: Halstead Neuropsychological Test Battery, Luria Nebraska Battery, use of Bender Gestalt and Weschler Scale in Neuro Psychological Testing.	
IV	Community Psychology Community Psychology: History and Perspectives of Community Psychology. Theoretical concepts of Community Psychology: Definition and perspectives with Reference to Mental Health, Organizational Health and Social Action. Individual wellness, sense of Community, Psychological sense of community, Social Justice, Participatory Approach, Empowerment citizen Participation, Collaborative Community Strength, Human Diversity and Empirical Grounding. UNIT – V Community Psychology and Social Intervention	
V	Community Psychology and Social Intervention Community Psychology: Social Interventions: Methods and Strategies	

M.A. (Psychology) SEMESTER –IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title	Course Type	
PSY-408	Psychotherapeutic Counselling – II	Core	

Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): The course intends to develop understanding for different types of psychotherapeutic techniques

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Develop understanding about individuals and group therapies. Behavioral therapies skills.	Ap
2	Able to apply techniques for grooming client personality	Ap
3	Able to develop understanding to use therapeutic techniques based on different approaches to psychotherapy	U
4	Know about techniques of family and group intervention	An
5	Acknowledge about the ethical issues & legal concerns	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO \ CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	2	2	2	2	2	2	1	3	2	3	2	2	3	2
CO2	3	2	2	2	3	2	2	2	1	3	2	3	2	3	3	2
CO3	3	3	3	2	3	3	3	3	2	3	3	3	3	2	3	3
CO4	3	3	3	2	3	3	3	3	2	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	3	3	2	3	3	3	3	2	3	2

"3"- Strong; "2"-Moderate; "1"- Low; "-"No Correlation

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
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I	Cognitive and Behavior Therapies Nature, concept and Modes of Therapies: Individual and Group, Couple and Family. Behavioral Therapy, Cognitive Behavior Therapy, Rational Emotive Therapy. .	
II	Assertiveness Training Nature and Concept. Assertiveness Training. Developing Assertive Behavior. Assertiveness through personal Appearance, Improving Client's Grooming Modelling.	
III	Psychotherapy Psychoanalytic and Humanistic, DBT (Dialectic behavior Therapy,), REBT (Rational Emotive Behavior Therapy) Integrative Therapy	
IV	Psychological Interventions Psychological Interventions Techniques. Family and Group Interventions and Wellness.	
V	Ethical Issues and Legal Concerns Counsellors Accountability System. Ethical Issues, Legal Concerns of the Counselors. Special Counselling Population: HIV – AIDS, substance Abuse	

M.A. (Psychology) SEMESTER –IV

Program	Subject	Year	Semester
M.A	Psychology	2	IV
Course Code	Course Title		Course Type
PSY-409	Practicum (Field Work)		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): The Objective is to acquaint students to connect their academics to their field of specification in actual settings.

Course Outcomes (CO):

CON o.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Administer test, score and interpret plan intervention.	Ap
2	Able to prepare case study & construct the tool	Ap
3		U
4		An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO CO	Pos											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	3	2	2	-	2	-	2	3	2	2	2	3	2	-
CO2	3	3	3	3	2	-	2	-	2	3	3	2	2	3	2	-
CO3	3	3	3	2	2	-	2	-	2	3	3	2	2	3	2	-
CO4																
CO5																
"3"- Strong; "2"- Moderate; "1"- Low; "- "No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Group 'A' Psychology of Management. Communication Network Emotional Intelligence Job Satisfaction/ Job Analysis Management Style Occupational Stress Organizational Structures. Role Conflict/ Role Stress	
II	Psychology of Education Academic Stress Exceptional Children Learning Style / Thinking Style Need of Guidance: Educational / Vocational Test Anxiety Youth Problem	
III	Clinical Psychology Adjustment Intelligence (Verbal / Non - Verbal) Mental Health Depression Personality Rorschach Inck Block Test Well - Being	
IV		
V		

M.A. (Psychology) SEMESTER – 11(Offered to PG students of other (Departments/So Sonly)

Program	Subject	Year	Semester
M.A	Psychology	1	11
Course Code	Course Title		Course Type
PSY-	Psychology in Everyday life		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
3	3		0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO): Clinical Diagnosis and community mental health

Course Outcomes (CO):

CO No.	Expected Course Outcomes	CL
	At the end of the course, the students will be able to:	
1	Will be able to recognize the adolescence issues or changes related to physical, psychological and career related issues and adjustment	Ap
2	Will be able to recognize the adulthood issues or changes related to physical, psychological and career related issues and adjustment	Ap
3	Able to know about the personality development of mature personality	U
4		An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO\CO	POs											PSO				
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
C01																
C02																
C03																
C04																
C05																
"3" – Strong; "2" – Moderate; "1" - Low; "-" No Correlation																

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Developmental Psychology: adolescence period, Physiological and Psychological changes, personal adjustment and career selection.	
II	Adulthood period - physiological and psychological changes, personal and Career adjustment	
III	Personality development: characteristics of mature personality.	

References:

1. Baron, R.A. – Introduction to Psychology
2. Hurlock, E.B. – Developmental Psychology

M.A. (Psychology) SEMESTER – 111(Offered to PG students of other (Departments/SoS) only

Program	Subject	Year	Semester
M.A	Psychology	2	111
Course Code	Course Title	Course Type	
PSY-	Mental health prevention and promotion	Core	
Credit	Hours Per Week(L-T-P)		
	L	T	P
3	3		0
Maximum Marks	CIA	ESE	
100	30	70	

Learning Objective (LO): Clinical Diagnosis and community mental health

Course Outcomes (CO):

CO No.	Expected Course Outcomes	CL

	At the end of the course, the students will be able to:	
1	Will be able to identify behavioral excessive and behavioral deficit issues	Ap
2		Ap
3		U
4		An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO\CO	POs											PSO					
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5	
C01																	
C02																	
C03																	
C04																	
C05																	
"3"-Strong; "2"-Moderate; "1"- Low; "-"No Correlation																	

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	Behavioral deficits, Excessive behavior.	
II	Health and personality dispositions	
III	Counselling: The Art and Science of helping (a) Meaning, purpose and goals of counseling (b) Professional issues, ethics, educational training of the counselor	

References :

1. Carson & Bucher – Abnormal Psychology and modern life.
2. Gorey, G. (1986) – theory and practice of counseling and Psychotherapy

M.A. (Psychology) SEMESTER – 111(Offered to PG students of other Departments/So Sonly)

Program	Subject	Year	Semester
M.A- Indian knowledge system	Psychology	2	111
Course Code	Course Title		Course Type
PSY-	Indian psychology		Core
Credit	Hours Per Week(L-T-P)		
	L	T	P
2	3		0
Maximum Marks	CIA		ESE
100	30		70

Learning Objective (LO): Clinical Diagnosis and community mental health

Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1		Ap
2		Ap
3		U
4		An
5		U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

CO-PO/PSO Mapping for the course:

PO\CO	POs	PSO
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	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
C01																
C02																
C03																
C04																
C05																
"3"–Strong; "2"–Moderate; "1"- Low; "-No Correlation																

UNIT – I

Detailed Syllabus:

Unit No.	Topics	No. of Lectures
I	INTRODUCTION TO INDIAN PSYCHOLOGY Nature of Indian Psychology, Fundamental assumptions of Indian Psychology, Mind-body complex,	
II	CONCEPTS OF INDIAN PSYCHOLOGY states of consciousness, YOGA and Upanishad perspectives personality , YOGA and Upanishad perspectives	
III	APPLYING INDIAN PSYCHOLOGY in Counselling and therapy – vipassana and mindfulness, Hatha yoga based therapies: The Gita as guide.	

references

1. Safaya, R. (1975). Indian Psychology. New Delhi: MunshiramManoharlal Publishers
2. Dalal, A.S. (Ed.) (2011). A greater psychology: An introduction to the psychological thought of Sri Aurobindo. New York: Penguin Putnam Inc.
3. Rao, K.R. &Paranjpe, A.C. (2016). Psychology in the Indian tradition: New Delhi: India: Springer Pvt. Ltd.
4. Kuppuswamy, B. (1990). Elements of ancient Indian psychology. Delhi: Konark Publishers PVT L

WEB RESOURCES

1. Soul Beliefs: Causes and Consequences – www.coursera.org
2. Psychology 101: Why we think, Feel & Act the way we do – [Udemy.com](https://www.udemy.com/)